



All pasta, bread, & grains on this menu are whole wheat or whole grain

Lunch: choice of 1% or fat-free milk; fruit available daily

This institution is an equal opportunity provider

OCTOBER

MARKET ST. LUNCH MENU

2021

	Monday	Tuesday	Wednesday	Thursday	Friday
					NEW ITEM CHEESY MEATBALL MAC Broccoli Fresh Banana Choice of Milk
	4 GALAXY CHEESE PIZZA ^ Broccoli Diced Pears Choice of Milk	CRISPY CHICKEN PATTY A Hamburger Bun A Mixed Vegetables Orange Juice BBQ Sauce Choice of Milk	GRILLED CHEESE PANINI A Potato Wedges Diced Peaches Ketchup Choice of Milk	7 CHEESEBURGER Hamburger Bun ^ Baked Beans Sunset Sip Juice Sliced Apples Choice of Milk	School Closed
	HAPPY INDIGENOUS PEOPLE'S DAY	PIZZA DIPPERS ^ Marinara Dipping Sauce Sunset Sip Juice Applesauce Choice of Milk	MOROCCAN MEATBALLS W/PEARL COUSCOUS Broccoli Fresh Banana Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun ^ Baked Beans Orange Juice Choice of Milk	GENERAL TSO'S CHICKEN & NOODLES ^ Mixed Vegetables Diced Peaches Choice of Milk
•	MAC & CHEESE ^ Country Blend Vegetables Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Broccoli Diced Peaches BBQ Sauce Choice of Milk	Potato Wedges Orange Juice Mustard Ketchup Choice of Milk	CHEESY TACO MEAT Tortilla Rounds ^ Salsa Cup Corn Sliced Apples Choice of Milk	HAMBURGER Hamburger Bun ^ Baked Beans Sunset Sip Juice Fresh Banana Choice of Milk
	PIZZA DIPPERS ^ Marinara Dipping Sauce Tropical Veggie Juice Applesauce Choice of Milk	BBQ CHICKEN TATER TOT-CHOS Tortilla Rounds ^ Orange Juice Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ Mashed Potatoes Sunset Sip Juice Fresh Banana Choice of Milk	CHICKEN NUGGETS A Broccoli Diced Peaches Vanilla Cookie A BBQ Sauce Choice of Milk	MEATBALL SUB Hot Dog Bun ^ Baked Beans Diced Pears Choice of Milk